

Kavanah Council cont...

Special Tuesday Sessions

• Belonging to Creation

Dr. Patty Feito, English professor and Kavanah Council member, will be guiding us in practices that invite us to enter into relationship with the natural world. Through a combination of sensory awareness practice, visualization, and writing exercises, we will explore "inner climates" that foster awareness of the ordinary wonders all around us while also rooting these in Jewish texts. For this one-hour session, please bring with you an object from the natural world that speaks to you or represents a memorable experience spent outdoors. Patty is an Associate Professor of English who has published and presented papers in the area of environmental humanities and eco-poetics.

Tuesday, December 5, 2023, 6:30 | Zoom | registration link below

• A Meditation a Day Keeps the Doctor Away: Mindful Healing 2

Dr. Larry Hurwitz, cardiologist and Kavanah Council member, will update last year's amazing special hour session on how mindfulness and meditation can prevent numerous physical and mental health issues. Larry routinely prescribed meditation for his patients and will include some practices to help us improve our health and discuss some Jewish texts to ground our practice.

Tuesday, March 12, 2024, 6:30 pm | Zoom | registration link below

• Mindful Leadership

Scott Rogers and Paul Steven Singerman are back by popular demand for a special one-hour Zoom class on how Mindful Leadership can

improve your professional and personal life. Scott is a law professor and the Founder and Director of the Mindfulness in Law Program at the University of Miami and a leader in mindfulness and the law. Paul is co-chair of the law firm of Berger Singerman and specializes in resolving complex business matters. Scott and Paul have presented on mindfulness and the law to groups of lawyers and judges throughout the United States including The Florida Bar, The American Bar Association, and the National Conference of Bankruptcy Judges.

Winter 2024, Date TBA, 6:30 pm | Zoom | registration link below

Mindful Tuesdays

• Weekly Mindfulness Group:

Would you like to be part of a community dedicated to improving our lives by increasing our self-awareness, calmness, and joy? Join the Kavanah Council's weekly 30-minute Jewish mindfulness group. All levels of experience are welcome.

Beginning Tuesday, October 3, 6:30 pm | Zoom | registration link below

Register in advance for any or all of these Kavanah Council Tuesday sessions: <https://us02web.zoom.us/j/6481292024>

After registering, you will receive a confirmation e-mail containing information about joining the meeting.

Israel

"One people, one land and one language." Hemda Ben-Yehudah

Poetry that Sings the Soul of Israel

Rabbi Glickstein will lead a careful examination of poems from iconic Israeli poets whose origins and experiences help define the development of the Jewish State.

Saturday, following services (lunch will be available), ~12:15 pm, November 11, 2023; April 13, 2024

In-person only | Registration: Noemi, noemi@tbsmb.org

Arik Einstein: Special Tribute for his 10th Yahrzeit

Arik Einstein was an Israeli singer, actor, and screenwriter. He passed away in November of 2013 and left an indelible mark on Israeli Society. Join Mark Baranek for a special tribute as we look back on (and listen to) some of Einstein's music including selected partnerships and concert footage.

Monday, May 20, 7:00 pm

Registration and Access Information: Mark Baranek, mark@tbsmb.org

Judicial Reform in Israel: The Latest

The Temple Beth Sholom Israel Committee presents a two-part analysis of the constantly evolving status of judicial reform in Israel - how it evolved and where it stands. This powerful and impacting focus of discussion in Israel will be updated to the most current times. Mark Baranek will lead an exploration of the subject.

Mondays, October 23; November 27, 7:00 pm

Zoom only | Registration and the Zoom link: Mark Baranek, mark@tbsmb.org

Israel on the Net

There are many sites to learn about Israel on the Internet. We encourage you to surf and explore. Mark Baranek is available to you to help you discover the latest information and news about Israel. Please contact Mark for more information or additional resources, mark@tbsmb.org. Here are just a few:

- timesofisrael.com
- jnf.org/visit-israel/jnf-virtual-tours-to-israel
- myjewishlearning.com/article/contemporary-israel-101

Weekly Israeli Updates

Join Mark Baranek each week for a concise update on the current events in Israel. Politics, Culture, and Technology are just some of the areas that are covered.

Mondays, 4:00 pm

Zoom only | Information and the Zoom link: Mark Baranek, mark@tbsmb.org

Yom Kippur War, 1973: A 50 Year Retrospective

The war began on October 6, 1973, when the Arab coalition jointly launched a surprise attack against Israel on the holy day of *Yom Kippur*. Join Mark Baranek for this three-part series which will delve into the conflict and how it has changed the country's landscape in the past 50 years.

- **The Eve of Destruction** by Howard Blum, Book review, Tuesday, October 10, 7:00 pm
- **Kippur**, Film Screening, Monday, November 6, 7:00 pm
- **50 Years Later**, Discussion with a Yom Kippur Veteran, Wednesday, December 6, 7:00 pm

Registration and Access Information: Mark Baranek, mark@tbsmb.org

Israeli TV: The Phenomenon

The immense popularity of Israeli TV continues globally. Mark Baranek will analyze the success of Israeli television around the world. We will see video clips from some of Israel's most successful series, *The Lesson*, *Beauty and the Baker*, and *Checkout*, and look at some shows you still might not have heard of (yet).

Tuesday, February 6, 7:00 pm.

Registration and Access Information: Mark Baranek, mark@tbsmb.org

Enjoyment and Learning

"There are sparks of holiness in everything." Rabbi Dov Baer of Mezeritch

Panim el Panim: Face to Face

Panim el Panim is an opportunity for deep connections in small groups through meaningful conversations, fostering a culture of connection for current members at Temple Beth Sholom. Led by congregants, not clergy, these groups promote spirituality and personal growth. New members are welcome, and there are openings for various interests. Several new groups are beginning, such as TBS Singles Aged 60+ and TBS Parents of College Students. Join now by contacting Jaleh Bast, jaleh@tbsmb.org

Book Discussions

Mark Baranek and guests will lead discussions on a variety of Jewish-themed books. Both fiction and non-fiction will be featured.

- **The Eve of Destruction** by Howard Blum, Tuesday, October 10, 7:00 pm
- **The Wind Knows My Name** by Isabel Allende, Monday, November 20, 7:00 pm
- **Jews in the Garden** by Judy Rakowsky, Tuesday, January 23, 7:00 pm
- **The Postcard** by Anne Berest, Tuesday, March 5, 7:00 pm
- **The Latecomer** by Jean Hanff Korelitz, Tuesday, May 21, 7:00 pm

Zoom only | Registration and the Zoom link: Mark Baranek, mark@tbsmb.org

Great War Films: a series in honor of 80 years since D-Day

To mark 80 years since the historical D-Day of June 6, 1944, Temple Beth Sholom will offer three amazing Jewishly produced or directed WW II films. Join Mark Baranek for these Palm Plaza outdoor screenings (featuring popcorn of course) followed by discussion.

- **Stalag 17**, Wednesday, January 17, 6:30 pm
- **Dirty Dozen**, Wednesday, February 14, 6:30 pm
- **The Great Escape**, Wednesday, March 20, 6:30 pm

Registration and Access Information: Mark Baranek, mark@tbsmb.org

2023-2024
Adult Education
TEMPLE BETH SHOLOM



ADULT EDUCATION

Our Sources

“Do not say: I will learn when I have leisure; you may never have it.” Pirke Avot 2:5

Torah Study on Shabbat Morning

Start Saturday morning with Torah study. Each Shabbat morning before our Shabbat Morning Service (which starts at 10:30 am), we study Parashat HaShavua, the weekly Torah portion. The Rabbis lead a discussion of ancient commentaries and teachings and reveal the Torah's modern and relevant lessons. No registration necessary. To be added to the mailing list and receive the weekly study materials for this class contact: Noemi, noemi@tbsmb.org

Every Saturday morning, 9:30 – 10:30 am

In-Person and Zoom | tbsmb.org/calendar for the Zoom Link

How to Be a Jew in the World Today?

Rabbi Pomerantz will explore the ethical demands of being a Jew in the world today through a curriculum created by the Shalom Hartman Institute. We will discuss questions like: To whom are we obligated? When must we take action? What are parents required to give their children? What are children required to do for their parents? We will be guided by ancient and modern texts and our own lived experiences.

Tuesdays, 5:30 pm, November 7, 14, 28; December 5, 12, 19.

In Person | Registration: Noemi, noemi@tbsmb.org

Torah and Tales

Join Rabbi Jacobs to explore famous aggadic (stories) rabbinic midrashim as well as current rabbinic midrashic interpretations of Torah. For thousands of years midrash has served as a rabbinic tool to creatively understand the spaces between Torah text and to give voice to the voiceless in our tradition. From Abraham smashing the idols to tales of the first human being androgynous, rabbis have creatively woven tales that have long influenced our reading of Torah. Together we will explore the basic tools of midrash, some classic midrashim, current feminist midrashim, and even try to write our own midrashim on the Torah. Bring your own Lunch.

Mondays, 12 noon – 1:00 pm, October 30; November 6, 13, 20, 27; December 4

In Person | Registration: Noemi, noemi@tbsmb.org

They Ain't Your Bubbie's Feminists

Rabbi Glickstein will introduce participants to the new Israeli feminist voices speaking their truth in classical midrashic styles. These six sessions will examine modern midrashim written by Israeli women scholars as published in the new compendium entitled *Dirshuni*, edited by Tamar Biala. These unique voices illuminate our Bible in ways previously unknown, unavailable, and ignored by generations of rabbis. Join us in reimagining the Biblical personalities we thought we knew through a fresh lens.

Thursday evenings, October 12, 19, 26; February 8, 15, 22, 7:00 pm
Zoom only | Registration and the Zoom link: Noemi, noemi@tbsmb.org

Broadway and Judaism

Join Rabbi Loiben in exploring Broadway through the lens of Jewish texts. In each session we will explore a different show through the eyes of our ancient and modern commentaries. At least three of the shows that we study will be coming to the Arsht Center this year, which could be a great opportunity to study and enjoy! We will study the texts in English using Sefaria with Hebrew side-by-side for reference. All experience levels are welcome.

Mondays, 7 – 8:00 pm, January 22, 29; February 5, 12, 26; March 4.

In Person | Registration: Noemi, noemi@tbsmb.org.

Hatikvah: Past, Present, Future

Join Cantor Juval Porat on a multi-disciplinary journey learning about the Israel national anthem: Hatikvah (The Hope). The journey will go from the roots to the here and now; from Theodor Herzl to Israeli Rapper Subliminal; from the diaspora to the Promised Land; and from concert halls and rock clubs to the synagogue.

Wednesdays, 7:00 pm, April 17; May 1, 8, 15, 29; June 5

In-Person and Zoom | Registration and the Zoom link: Noemi, noemi@tbsmb.org

Tuesday Morning Buchers (Bachers, Definition, from French: to hit the books)

A small (limited to 16) group of congregants and Rabbi Davis meet weekly to study Jewish texts. Each member of the group takes a turn leading a session. Then the other members, who have also read and researched the portion, make comments. Finally, the Rabbi discusses some aspect of the Hebrew or answers questions that have been raised. No Hebrew is necessary. The Group is currently at capacity. Please contact Rabbi Davis, rdavis@tbsmb.org, to be put on the waiting list or if you are interested in participating in a similar group.

Zoom only | Tuesday Mornings, 8:15 - 9:15 am

Pirkei Avot: Wisdom of our Ancestors

It is customary to study Pirkei Avot, the Wisdom of our Ancestors, between Passover and Shavuot. Join Rabbi Davis in a study and discussion of this inspiring and significant text. This unique section of the Mishnah deals solely with ethical and moral principles. This powerful collection of concise wisdom is as relevant today as it was thousands of years ago. Bring your own lunch.

Wednesdays, 12 noon – 1:00 pm, April 10, 17, 24; May 15, 22, 29.

In Person | Registration: Noemi, noemi@tbsmb.org

Bioethics: What Do I Do?

Join with our former Rabbinic Intern, Rabbi Dr. Claudio J. Kogan, MD, MBE, MEd, who is now the Director of Bioethics program at Baptist Health South Florida. Rabbi Kogan will lead a study and discussion of Bioethics from a medical, religious, and ethical perspective. He will be focusing primarily on the Bioethics of Organ Donation and End of Life.

Saturday, March 30, 2024, following services (lunch will be available), ~12:15 pm

In-person only | Registration: Noemi, noemi@tbsmb.org

Let Me Give a Sermon

This is an open workshop for those who wish to create and write a Devar Torah (sermonette). The Rabbis and Sages have methods for teaching the wisdom that flows from our rich texts. A Devar Torah is often given at meetings, study sessions, and services. Participants will meet with Rabbi Davis and will create a Devar Torah for our regular Shabbat morning service.

Information: Rabbi Davis, rdavis@tbsmb.org

ReformJudaism.org

The Reform Jewish website is a wonderful resource for expanding your knowledge base, seeking wisdom, and learning about the issues and opportunities that we face as modern Jews. Major sections include: Jewish Holidays, Jewish Life, Practice, Learning, Social Justice, and Israel.

Go to: reformjudaism.org

Torah Commentary, Podcasts, Calendar, Translations

The Union for Reform Judaism has a selection of weekly podcasts and e-mails that you can subscribe to and study at your convenience. Selections include: This Week in Jewish Life, Reform Voices of Torah, The Jewish Dish, Jewish Holiday Guide, and Jewish Life in Your Family Life.

Go to: reformjudaism.org/learning/torah-study

Basic Judaism and Parenting

“In the Beginning . . .” Genesis 1:1

Conversion: Choosing Judaism

A 16-week class for adults seeking to convert to Judaism or to renew their childhood education. Topics include Hebrew, holidays, rituals, prayer, philosophy, and theology. Taste the basics of Jewish life: spirituality, ethics, and community. This is a wonderful course for those new to the congregation, new to Jewish life, or interested in exploring the richness of our tradition.

Contact any of the Clergy for more information, noemi@tbsmb.org

Risky Business: How Parents Can Help Teens Make Good Choices

Join Barb Shimansky, RJE, as we explore messages teens receive about risks and courage from media, society, and Judaism, and the developmental and evolutionary aspects of taking risk. Parents, you will consider where you want to draw the line between acceptable or unacceptable risk-taking behaviors and reflect on how you might help your teens make thoughtful, healthy, and safe decisions.

Monday, 7 - 8:00 pm, December 11.

In-Person | Register with Barb: barb@tbsmb.org

How to Easily Raise a Money Smart Kid

Join Alec Lindenaauer for a comprehensive program to give parents all the tools and guidance they need to effectively teach their K-7 kids about money and put them on the path to becoming a money savvy young adult. No matter your level of financial proficiency, this proven course will help you confidently execute a brand-new allowance routine for your child that allows for consistency and simplicity yet will establish the foundation for your child's path to money smarts without you feeling overwhelmed. Alec is a father of two TBS Foundation School graduates, a Certified Financial Education Instructor®, and Certified Financial Planner™ practitioner.

Wednesdays, October 25, 7 - 8:30 pm, Multi-access; November 8, 7 - 8:00 pm, Zoom only

November 29, 7 - 8:30 pm, Multi-access | Registration: www.centsofresponsibility.com/livesession

Demystifying Teen Language on Gender

Barb Shimansky, RJE, will aim to enhance parents' understandings of diverse gender identities and equip you to support the teens in your lives. Through this session we will:

Help parents understand the role of language in affirming identities.

Prayer and Spirituality

“Prayer is an attempt to express . . . what is essentially inexpressible.” Leo Baeck

Shabbat Evening Services

Our *Shabbat* evening service will embrace you and touch your soul. Fresh and familiar music will enable you to give voice to your own spirit. Special occasions in the lives of our congregants, Jewish teachings, sermons from our rabbis and extraordinary music will enhance “*Shabbat*, our sanctuary in time.”

Every Friday Evening, 6:00 pm

In-Person at TBS and tbsmb.org/watch

Kavanah Council

“Living mindful Jewish lives and helping others do the same.” Marte Singerman

High Holy Days

Yom Kippur Meditation: Cantor Porat, Jani Singer, and Marte Singerman of the Kavanah Council will lead a special meditation for Yom Kippur in the Board Room and via Zoom. We will enjoy beautiful music, guided meditation, and have the opportunity to share about the holiday.

September 25, 2023, 2:45 - 3:30 pm | In-Person and Zoom | Registration TBA

Kavanah Retreat with Rabbi Lawrence Hoffman

Join the Kavanah Council for its sixth annual retreat, featuring acclaimed scholar and author Rabbi Lawrence Hoffman, Professor Emeritus at Hebrew Union College. Rabbi Hoffman is internationally famous for his passion for the spiritual renewal of North American Judaism. He is the author or editor of over forty books and two-time winner of the National Jewish Book Award. His teachings will enlighten us and elevate our mindfulness practices.

January 19 - 20, 2024 | In-Person and Zoom | Registration in person and via Zoom at tbsmb.org/kavanah2024.

New This Year

The Mindful Month

Start each month with Cantor Juval Porat: Beginning the month of Elul, join Cantor Juval Porat on the first Monday of each Hebrew month for a brief musical meditation on the themes of the month.

Mondays, 10:30 am, October 2; October 16; November 20; December 18

Facebook Live Only | facebook.com/TBSMB

Give parents tools to ask the “questions you don't know how to ask” to create conversations with teens about their own identities.

Explore the importance of linking Jewish identity with gender identity, and what that looks like for teens through the personal wholeness, caring connections, and justice lenses.

Connect parents with resources with expertise in advocacy and mental health for LGBTQ+ youth and highlight our partners who provide that expertise.

Monday, April 8, 2024, 7 - 8:00 pm

In-Person | Register with Barb: barb@tbsmb.org

The Journey to Adult B'nei Mitzvah

A new class will be forming in the Spring of 2024 for adults who never had a Bar/Bat Mitzvah as a teen or forgot most of what was learned. The experience will include Hebrew, liturgy, history, and holidays. The course of study will culminate with a group B'nei Mitzvah service. There is a \$180 fee.

Contact Rabbi Davis, rdavis@tbsmb.org to have your name added to the list of participants.

Community Adult Education and The Melton School of Adult Jewish Learning

Temple Beth Shalom partners with CAJE (The Center for the Advancement of Jewish Education) and The Florence Melton School of Adult Jewish Learning. Melton seeks to inspire, enlighten, and challenge adult learners from all segments of the Jewish community to study Judaism seriously. There is an extraordinary list of community classes being offered this year. A complete listing of opportunities is available at caje-miami.org/adults or 305.576.4030.

We Are Not Alone: Reform Jewish Courses On-line

The Union for Reform Judaism offers a variety of virtual classes. Topics include: Introduction to Judaism; Reading Hebrew Prayers; Learn to Read Hebrew for Adults; Pursuing Justice; Introduction to the Mikveh Ritual.

Information and Registration: reformjudaism.org/learning/judaism-classes

Shabbat Morning Services

Join us weekly to renew your spirit in our beautiful sanctuary or chapel. Our clergy and members of our congregation help to lead the prayers and read the Torah. Services are usually followed by a tasty and filling *Shabbat Kiddush* Lunch.

Every Saturday Morning, 10:30 am

In-Person at TBS and tbsmb.org/watch

Special In-Person Sessions

Mindful Niggunim

Cantor Juval Porat and Kavanah Council member and vocalist Lorraine Steen will lead a multi-access experience demonstrating how to use niggunim (wordless Jewish melodies) to deepen our spiritual practices. With the use of text and music we will learn to connect with ourselves and each other and explore how, with the sound of our singing, the niggunim can awaken us and bring us to positive action. No musical ability necessary.

Tuesday, October 24, 2023, 6:30 pm | In-Person and Zoom | Registration TBA

Miriam's Dance

Join the Kavanah Council and Sisterhood for a special experiential in-person workshop to prepare for Pesach. Miriam Steinberg, a Kavanah Council member and therapist who holds a Ph.D. in Body Soul and Body Wisdom, will help us connect to the wisdom of our bodies through music, movement, writing, and sharing. Don't miss this opportunity to connect more deeply with yourself and your community. Please wear comfortable clothing.

Saturday, April 20, 2024, 1:00 - 3:00 pm | In-Person | Registration TBA.

tbsmb.org/education/adult-study

